

1 **Online supplement – Why do SF₆ and N₂ multiple breath washouts give different results?**

2 This online supplement provides additional information to the main body of text including
3 patient demographics, device specifics and more detailed methods and results for the interested
4 reader.

5 **Methods**

6 **Comparison of MBW devices**

7 Subjects breathed tidally, inhaling 0.2% SF₆ followed by room air for SF₆_{Inn} or medical air
8 followed by 100% O₂ for N₂_{ExD}. The washout gases were monitored until they reached the
9 conventional 1/40th of the starting concentration (LCI_{2.5}), the earlier 1/20th cut off point (LCI₅)
10 was also assessed. LCI_{2.5} is the historical limit of the gas analysers and so is an arbitrary cut off
11 to assess gas mixing and LCI₅ has been used to shorten the testing time to increase feasibility in
12 complex patients [5]. Real time assessments of breathing pattern, leaks or abnormalities were
13 made and traces excluded according to the 2013 consensus statement [6].

14 Calibration of each device was performed as per manufacturer guidelines and specific standard
15 operating procedures (UKCFGT consortium, Bell 2010 and Standard Operating Procedure:
16 Multiple Breath Nitrogen Washout, Exhalyzer D, Eco Medics AG, Version 1, Jensen *et al.* 2013).
17 MBW data was analysed on specialist offline analysis software (IGOR Pro, simple washout
18 software (SW) for SF₆_{Inn} (SimpleWashout Manual, Version 1.5, UKCFGT consortium, Bell 2010)
19 or online analysis software, Spiroware for N₂_{ExD} (Standard Operating Procedure: Multiple
20 Breath Nitrogen Washout, Exhalyzer D, Eco Medics AG, Version 1, Jensen *et al.* 2013)). Both
21 software are based on or have been validated using Testpoint™ (Singer, F., et al., *A realistic
22 validation study of a new nitrogen multiple-breath washout system.* PLoS One, 2012. **7**(4): p.
23 e36083).

24 The equipment deadspace for each device was small (38ml for Inn and 46ml for ExD when using
25 set 3 deadspace reducer). Particular emphasis was placed on the quality control guidelines from
26 the North American and European CF Society Clinical Trials Network LCI Central Over reading
27 Centres.

28 Statistics: FEV₁ was compared to LCI from both devices using correlations, the Shapiro-Wilk test
29 was used to assess normality and the slopes were analysed using linear regression. Differences
30 in linear regression slopes were assessed using analyses of covariance. All data was analysed in
31 GraphPad Prism 6 (GraphPad Software, Inc).

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34 **Simultaneous washout**

35 In order to independently test the washout of both SF₆ and N₂ and remove equipment related
36 variables a simultaneous washout was attempted. As shown in the main text (Figure 2) the
37 Innocor and the Exhalyzer D were attached together using a plastic connector. The serial order
38 of the devices was tested, with no difference between results, but the final placement was for
39 ease of patient attachment. With the flowmeters attached, the devices were calibrated for flow
40 and gas as per the specific SOP's so as to account for the extra resistance and deadspace
41 (73.3ml), deadspace was adjusted for in the ExD set up page.

42 Testing was performed in much the same way as above but with slight adjustments to deliver
43 both SF₆ in washin and 100% O₂ in washout for the washout of both gases simultaneously.

44 *Washin* – Tidal breathing was completed in washin, using a 0.2% SF₆ gas cylinder.

45 *Switch to washout* – Once equilibrium with 0.2% SF₆ was detected by the Innocor device
46 (normally around 2 minutes in healthy individuals) “Start WO” button on the Exhalyzer D was
47 pressed. The gas tubing was manually swapped from the 0.2% SF₆ to the Exhalyzer D tubing.
48 100% O₂ (electronically switched on by the Exhalyzer D) was then breathed for washout of
49 0.2% SF₆ and 79% N₂.

50 *End of washout* – both gases were washed out to 2.5% of their starting concentration (SF₆
51 monitored on the Innocor device and N₂ on the Exhalyzer D).

52 *Extended washout* – An extended washout was performed to observe how low a gas
53 concentration could be achieved beyond the 1/40th end tidal gas concentration. The participant
54 continued to breathe 100% O₂ for a further 2 minutes as a reflection of the washin time of SF₆ to
55 see if N₂ would decrease to its minimal level with similar timings as SF₆. Two further minutes of
56 breathing 100% O₂ did not cause light-headedness in any subject.

57 *Recorded variables* - Gas concentration, breath number and time to washout were recorded
58 rather than calculating LCI to avoid any complications related to flow volume and signal
59 synchronisation discrepancies between the devices.

60 *Analysis* – Analysis was performed after exporting the raw breath tables from both analysis
61 software and matching each breath with the decay of N₂ and SF₆. Deadspace and dynamic delay
62 time corrections were therefore not required. SF₆ and N₂ (per breath) were converted to
63 percentages and then normalised on a Log 10 scale so that they could be plotted on the same
64 graph.

65 **Respiratory Mass Spectrometer – Simultaneous washout**

66 Gas Calibration of the RMS was completed in line with an in house SOP derived from the AMIS
67 2000 SOP (AMIS 2000, Medical mass spectrometer system, instructions for use available upon
68 request from Innovision, 2010, http://www.innovision.dk/Products/AMIS_2000.aspx). The

69 vacuum pump remained switched on at all times to remove air from the testing chamber. Full
70 calibration at the start of each day and 2 point calibration before each individual test to ensure
71 the secondary electron multiplier was optimising voltages correctly. The calibration gas ($\pm 1\%$
72 accuracy – 4%SF₆, 4% He, 7% CO₂, 21% O₂, 64% N₂) was exposed to the sample line and the
73 RMS identified the sample concentrations. For this testing SF₆ was tuned to high priority.

74 For testing the RMS gas probe was placed in situ in between the ExD and Inn flowmeters. A
75 specialist 1% SF₆ gas mix was utilised as the RMS and Innocor both technically have the capacity
76 to detect and record this concentration. As the Innocor and Exhalyzer were in place, a sample of
77 subjects completed MBW tests to see the impact and the contribution of the 1% vs. 0.2% on the
78 devices by comparing results against each other. There were no differences in washout times of
79 0.2% or 1% SF₆ on the Innocor device and the N₂ washout was not notably impacted by 0.2% or
80 1% SF₆.

81 MBW Testing was completed as above for simultaneous testing.

82 For analysis the raw ASCII files were exported, and manipulated in Excel to fit the required
83 column and order requirements for the gas concentrations per breath to be calculated using the
84 simple washout software. For calculation of the end tidal gas concentration of each breath
85 during 1% testing, the RMS gas concentration data needed to be matched with flow. The Innocor
86 raw data file was easy to manipulate as it contains fewer parameters than the Exhalyzer D raw
87 data file, the simple washout software is also more easily manipulated since the IGOR software
88 is designed to handle large datasets in a variety of formats
89 (<https://www.wavemetrics.com/products/igorpro/igorpro.htm>). First the raw data files were
90 aligned for sample time with the Innocor raw data file. The SF₆ trace in the original Innocor file
91 was then replaced by the SF₆ or the N₂ trace from the RMS. Data was imported into simple
92 washout in the conventional way but now the software showed the RMS gas concentrations. The
93 gas signal per breath was calculated by the highlighting the peak of each breath, generating a
94 mean Cet. Problems with signal synchronisation (gas from RMS and flow from the modified
95 Innocor) meant that calculation of FRC, CEV and in turn LCI were not appropriate. Final results
96 (gas concentrations and breath number to washout) were compared using t tests and plotted
97 together to look at the decay of both SF₆ and N₂.

98 Device specifics for all methodological sections are described in OLS Table 1. As described in the
99 simultaneous washout and RMS sections, efforts were not made to adjust and account for
100 potential sources of bias from the different hardware or software but instead raw data was
101 utilised to simplify and remove confounding variables.

OLS Table 1 – Device specifics for the MBW comparison, simultaneous washout and RMS simultaneous washout.

	Modified Innocor (Innovision 6.11, Odense, Denmark)	Exhalyzer D (Ecomedics AG, Duerten, Switzerland)	AMIS 2000 Respiratory Mass Spectrometer (Innovision, Odense, Denmark)	Simultaneous washout (Exhalyzer D and Innocor)	RMS Simultaneous washout (Exhalyzer D, Innocor and RMS)
Flow volume measurement	<p>The flowmeter contains a screen with a pressure output on each side of the screen. By measuring the pressure drop, the flow is calculated.</p> <p>One hertz is one cycle per second, so the sampling frequency of the Innocor is 100 samples per second.</p> <p>There is an automatic offset adjustment prior to each 2x5 strokes. Deviation $\pm 2\%$ relative after a gain calibration, i.e. ± 0.02 litre @ 1 litre calibration syringe and ± 0.06 litre @ 3 litre calibration syringe.</p>	<p>Two ultrasonic transducers mounted at different sides of the flow channel transmit ultrasonic pulses in an up a downstream direction, the measured transit times determine flow and molecular mass of the gas flow.</p> <p>Ultrasonic transit time detection (10ns time resolution, sampling up to 200Hz). Set 3 Deadspace reducer – flow accuracy $\pm 3\%$ or $\pm 5\text{ml/s}$, dead space = 20ml. If Flow calibration varies by more than 2% it should be repeated.</p>	n/a – flow signal not completed.	n/a - raw gas concentrations were extracted from the Innocor and Exhalyzer and not incorporated into the flow signal in an attempt to remove equipment bias.	n/a - raw gas concentrations were extracted from the RMS, Innocor and Exhalyzer and not incorporated into the flow signal in an attempt to remove equipment bias.
CO₂ sensor	<p>A photo acoustic analyser measures the effect of absorbed energy on matter by acoustic detection. A laser beam running across an unknown gas hits a known “matter” with known sound wavelengths and the intensity of the sound is proportional to the light the gas gives off, in turn revealing the gas. Principle –photo acoustic spectroscopy.</p> <p>Range - 0-10%</p> <p>Accuracy – $\pm 1\%$ relative</p> <p>Rise time (10-90%) = <250ms</p> <p>Sample rate 100Hz</p>	<p>CO₂ is measured directly in the patient’s breathing circuit. The CO₂ measurement module utilizes advanced, self-calibrating infrared absorption technology to insure accuracy and eliminate the need for routine user calibration.</p> <p>Principle – Mainstream single beam infrared, self-calibrating.</p> <p>Range - 0-150mmHg or 0 to 19.7%.</p> <p>Accuracy – 2mmHg (0-40mmHg), 5% of reading (41-70mmHg)</p> <p>Rise time (10-90%) = <60ms</p> <p>Sample rate 100Hz</p>	See RMS O ₂	See Innocor and Exhalyzer D	See RMS

	Modified Innocor (Innovision 6.11, Odense, Denmark)	Exhalyzer D (Ecomedics AG, Duerten, Switzerland)	AMIS 2000 Respiratory Mass Spectrometer (Innovision, Odense, Denmark)	Simultaneous washout (Exhalyzer D and Innocor)	RMS Simultaneous washout (Exhalyzer D, Innocor and RMS)
O₂ sensors	<p>Oxigraph O₂ sensor - The patented Oxigraph sensor uses laser diode absorption spectroscopy in the visible spectrum. Oxygen absorption is in a region of the visible spectrum (760 nm) where there is no interference or absorption by the other gases. As the oxygen concentration increases, the light intensity is attenuated, thereby identifying the concentration. The photo detector response varies linearly with the oxygen concentration.</p> <p>Principle – laser diode absorption spectroscopy – sample gas flow 120ml/min Range – 5-100% Accuracy ± 1% relative Rise time (10-90%) - <250ms Sample rate 100Hz</p>	<p>Oxigraph O₂ sensor - The fast oxygen side stream measurement module measures the oxygen respiration waveform breath-by-breath giving a qualitative indication of ventilation and the oxygen uptake.</p> <p>The patented oxygen sensor uses laser diode absorption method in the infrared spectrum.</p> <p>The lag time and sample flow is compensated by SPIROWARE®.</p> <p>Principle – side stream, laser diode absorption – sample gas flow 200ml/min Range - 2 to 100% Accuracy – 0.3% Resolutions/Linearity – 0.01% and 0.2% Rise time (10-90%) – 80ms Sample rate 100Hz</p>	<p>A high quality quadrupole measures mass to charge ratio of all gases specified in the system set up. According to the gas specifications different oscillating electrical charges are applied to four cylindrical rods within the device. Because of the electrical charge applied, gas ions bounce through the rods at different trajectories. The mass to charge ratio can then be calculated for each gas. The signal is multiplied by the secondary electron multiplier (SEM), which enables detection of the gas quantity.</p> <p>Mass range 1-200 atomic mass unit</p> <p>Sensitivity >2x10⁻³A/mili bar</p> <p>Response Time 50msec Sample rate 33Hz</p>	See Innocor and Exhalyzer D	See RMS
N₂ sensor	<p>n/a</p> <p>Attempts were made to indirectly calculate N₂ from the O₂ and CO₂ readings. Issues with the calculation of viscosity and accounting for signal synchronisation mean the testing was aborted.</p>	<p>N₂ is indirectly calculated using the following formula.</p> $N_2 = (100 - O_2 - CO_2)/(1+\beta)$ <p>The beta is the relative fraction of Argon/ N₂ in air. Since air contains 0.934% Argon and 78.084% N₂, beta is 0.934/78.084≈0.012.</p>	See RMS O ₂	See Innocor and Exhalyzer D	See RMS

	Modified Innocor (Innovision 6.11, Odense, Denmark)	Exhalyzer D (Ecomedics AG, Duerten, Switzerland)	AMIS 2000 Respiratory Mass Spectrometer (Innovision, Odense, Denmark)	Simultaneous washout (Exhalyzer D and Innocor)	RMS Simultaneous washout (Exhalyzer D, Innocor and RMS)
SF₆ sensor	See Innocor CO ₂	n/a	See RMS O ₂	See Innocor CO ₂	See RMS O ₂ and Innocor CO ₂
Equipment deadspace	Pneumotach 18ml. Hans Rudolph pneumotach – 4700A – 4719series flow range 0-100 L/min Adult green filter – 37ml Paediatric slim line filter – 20ml	Pre-Cap deadspace (volume from patient to mid-CO ₂ sensor) SET 1 [ml] (2) SET 2 [ml] (24) SET 3 [ml] (24) Post-Cap deadspace (volume from mid-CO ₂ sensor to mid flow sensor) SET 1 [ml] (3.5) SET 2 [ml] (9.5) SET 3 [ml] (22)	n/a – flow not recorded	Deadspace total = 73.3ml (20ml + 3.3ml Exhalyzer D, 18ml Innocor and 30ml bacterial filter).	Deadspace total = 73.3ml (20ml + 3.3ml Exhalyzer D, 18ml Innocor and 30ml bacterial filter).
Analysis software version	Simple washout, IGOR Pro (Wavemetrics Inc., version 6.20B3 or above).	Spiroware 3.1.6.17312	Analysis of each gas concentration was achieved using the online data loading function on the RMS (ATPC turned on, counting breaths and gas Cet from each breath).	Gas concentration, breath number and time to washout were recorded to avoid equipment flow and gas synchronisation issues.	The 1% SF ₆ and N ₂ washout testing used the simple washout software to estimate the end tidal concentration from raw ASCII files from the RMS.
Calculation of Cet	SW uses an automatic algorithm to determine SF ₆ Cet; a smoothed signal where the peak from the first peak working back from the breath-end point.	Calculates Cet from the median concentration between 90-95% of the volume of each expired breath	Online dataloading on the RMA highlighted the mean Cet.	Cet from Innocor and Exhalyzer	An average Cet was calculated using the SW software

	Modified Innocor (Innovision 6.11, Odense, Denmark)	Exhalyzer D (Ecomedics AG, Duerten, Switzerland)	AMIS 2000 Respiratory Mass Spectrometer (Innovision, Odense, Denmark)	Simultaneous washout (Exhalyzer D and Innocor)	RMS Simultaneous washout (Exhalyzer D, Innocor and RMS)
Signal to noise ratio	Signal to Noise ratio compares the level of desired signal detection to the amount of background noise. So the Innocor detects SF ₆ at 0.2% (in the gas cylinder) at 0.001% (1/1000 th) accuracy. >500 @ 21% O ₂ .	O ₂ = 0.3% CO ₂ = 5% of the reading 41-70 mmHg	Signal volts should be as high as possible (8-9 volts) in the signal optimisation calibration stage. S:N ~200 RMS auto-optimises itself as the SEM increases and decreases its signal response to different species of gas. Optimal sampling range between 0.1-4% SF ₆	See Innocor and Exhalyzer.	See RMS, Innocor and Exhalyzer.
Viscosity	Viscosity correction is not hard coded for in version 6.11 of the Innocor device. Offline attempts were made to correct for viscosity when using the Innocor device with 100% O ₂ under guidance from Innovision but difficulties in matching signals meant that this testing was discarded.	No correction, since ultrasonic flow measurement is independent of viscosity. Possible that viscosity should be incorporated because of the sidestream analysis of gas.	Automatic Total Pressure Correction (ATPC) (Ensures the sum of the partial pressures of gases is constant (100% in line with calibration gas cylinder) despite changes to the ion source i.e. with 100% O ₂ there would be increased viscosity (gas flow changes) and total pressure of ions but the signal will account for this with ATPC on).	See Innocor and Exhalyzer.	See RMS, Innocor and Exhalyzer.
Sample flow rate	120ml/min	200ml/min	<20ml/min	See Innocor and Exhalyzer	See Innocor, Exhalyzer and RMS.

104 **Results:**

105 All of the participants took part in the main comparison of the Innocor and Exhalyzer D device.

106 Samples of patients took part in the sequential study parts after review of their previous MBW

107 tests and those who had regular tidal breathing and were able to return were selected.

108 **OLS Table 2 – Patient demographics (mean ± SD unless stated).**

	Comparison of MBW devices	
	CF (47)	HC (42)
Gender	24 (51%) Female	26 (62%) Female
Age (years) (median(range))	16.05(5.9-63.7)	24.32 (5.7-56.1)
Height (cm)	154.6 ± 52.2	158.4 ± 17.9
Weight (kg)	52.2 ± 18	59.7 ± 20.6
FEV ₁ (%) (Z Score)	72.9 ± 16.8, -2.29 ± 1.43	Not done
	Simultaneous Washout	
	CF (n=5)	HC (n=8)
Gender	4 (80%) Female	5 (63%) Female
Age (years) (median(range))	24 (12-51)	31.25 (23-50)
Height (cm)	160.4 ± 11.13	171 ± 7.66
Weight (kg)	60.5 ± 18.23	74.2 ± 20.1
FEV ₁ (%) (Z Score)	84.02 ± 13.3, -1.3 ± 0.93	Not done
	RMS – simultaneous washout	
	CF	HC (10)
Gender	Not done	6 (60%) Female
Age (years) (median(range))	Not done	28.3 (21.4-35.3)
Height (cm)	Not done	169.9 ± 10.4
Weight (kg)	Not done	66.7 ± 9.9
FEV ₁ (%) (Z Score)	Not done	Not done

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110 **OLS Table 3 – Coefficient of variation in primary outcomes**

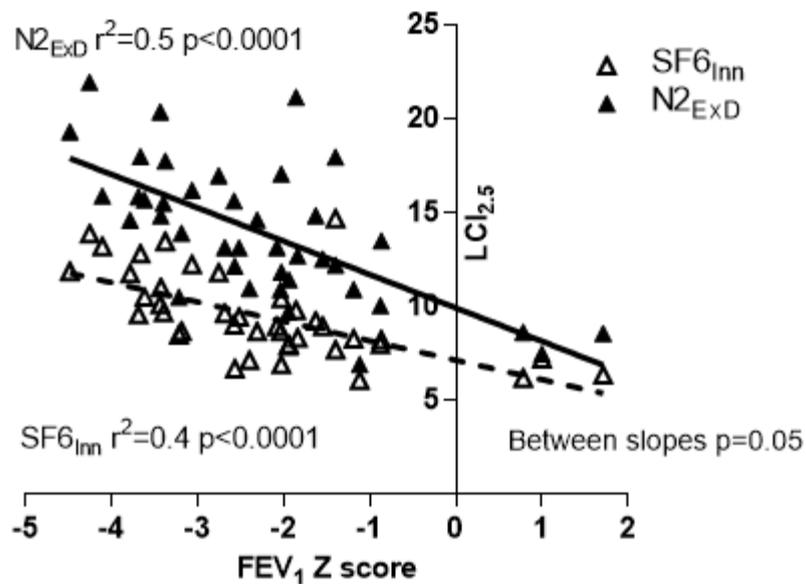
	Comparison of MBW devices	
	CF (47)	HC (42)
LCI CV% (SF6 and N2) p value	3.7(0.02-13.02) and 3.06(0.1-1.74) p>0.05	2.85(0.2-11.8) and 2.87 (0.1-10.9) p>0.05
FRC CV% (SF6 and N2) p value	3.2(0.2-4.6) and 3.5(0-8.4) p>0.05	2.8(0.2-9.1) and 2.85(0-14.3) p>0.05
CEV CV% (SF6 and N2) p value	3.2(0.05-12.6) and 5.4(0.03-13.1) p=0.03	3.2(0.03-10.7) and 3.7(0.2-12.1) p>0.05
	Simultaneous Washout	
	CF (n=5)	HC (n=8)
Washout breath number (n) (SF6 and N2) p value	24.8 ± 8.7 vs. 59.5 ± 28.3, p=0.063	32.0 ± 11.9 vs. 46.3 ± 13.7, p=0.001
Washout breath number CV% (SF6 and N2) p value	1.6(0-8) and 5.3(4.3-8.3) p>0.05	4.7(0-10.9) and 3.9(2.9-14.3) p>0.05
	RMS – simultaneous washout	
	CF	HC (10)
Washout breath number (n) (SF6 and N2) p value	Not done	34.5 ± 12.4 vs. 45.8 ± 19.1, p=0.005
Washout breath number CV% (SF6 and N2) p value	Not done	5.1(1.6-14) and 3.0(0.8-5.9) p>0.05

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112 **Results - Comparison of MBW devices**

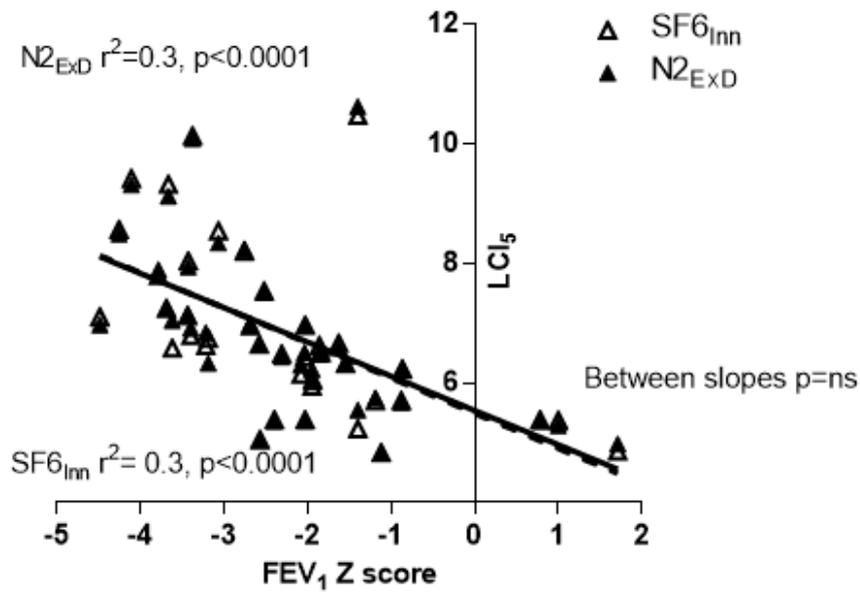
113 100% of HC participants and 93% of CF patients were able to complete at least 2 acceptable
 114 MBW tests on both machines. (3 CF patients' traces were excluded at analysis due to poor
 115 quality). The LCI coefficients of variation (CV%) were small and not statistically different
 116 between devices (HC Inn 2.85(0.2-11.8) vs. HC ExD 2.87(0.1-10.9) p>0.05 and CF Inn 3.7 (0.02-
 117 13.02) vs. CF ExD 3.06 (0.1-7.4) p>0.05) or between HC and CF subjects (p>0.05). LCI values
 118 obtained from SF6_{Inn} and N2_{ExD} were tightly correlated with FEV₁ Z score (OLS Figure 1) but the

119 correlation slopes differed significantly, steeper with $N2_{ExD}$ (OLS Figure 1; $p=0.05$). LCI_5 was still
 120 higher in CF compared to HC but there was no difference in slopes between gases (OLS Figure 2
 121 and Table 1) confirming that the latter part of the washout curve is most affected by the
 122 difference in behaviour of the two gases (Figure 2 and 3 main paper).



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124 **OLS Figure 1** – Plot of $LCI_{2.5}$ (lung clearance index taken from the traditional end point of 1/40th
 125 of the starting concentration) vs. Forced Expiratory Volume in one second (FEV_1) Z Score in
 126 cystic fibrosis patients from the Innocor ($SF6_{Inn}$, open triangles) and the Exhalyzer D ($N2_{ExD}$,
 127 closed triangles). The r^2 values for each device are statistically significant ($r^2=0.4$ for $SF6_{Inn}$,
 128 $p<0.0001$ and $r^2=0.45$ for $N2_{ExD}$, $p<0.0001$). The r^2 slopes are significantly different from each
 129 other ($p=0.05$). FEV_1 Z scores are calculated using the Global Lung Initiative reference equations
 130 (Quanjer *et al.* 2012).



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132 **OLS Figure 2** – Plot of LCI₅ (lung clearance index taken from the end point of 1/20th of the
 133 starting concentration) vs. Forced Expiratory Volume in one second (FEV₁) Z score in cystic
 134 fibrosis patients from the Innocor (SF6_{Inn}, open triangles) and the Exhalyzer D (N2_{ExD}, closed
 135 triangles). The r² values for each device are statistically significant (r²=0.3 for SF6_{Inn}, p<0.0001
 136 and r²=0.3 for N2_{ExD}, p<0.0001) but they are not significantly different from each other (p= ns).
 137 FEV₁ Z scores are calculated using the Global Lung Initiative reference equations (Quanjer *et al.*
 138 2012).

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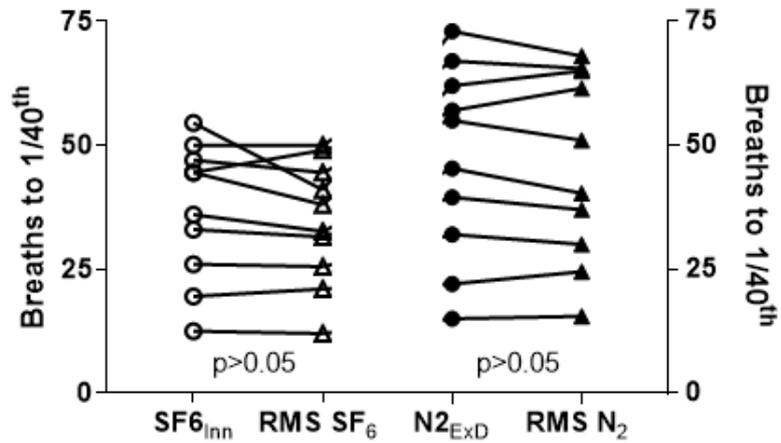
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150 **Results – RMS simultaneous washout**

151 Breath number between the commercial devices and the RMS were compared. OLS Figure 3
152 shows that there were no differences between devices.



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154 **OLS Figure 3** - Simultaneous washout of SF₆ and N₂ was completed using the Innocor (SF6_{Inn}),
155 and Exhalyzer D (N2_{ExtD}) and the respiratory mass spectrometer (RMS) on 10 healthy control
156 (HC) participants. This plot shows the difference in washout breaths for nitrogen (N₂) and
157 sulphur hexafluoride (SF₆) (SF₆ open markers, N₂ closed markers) for 7 individuals in ExD/N₂
158 and SF6_{Inn} (circles) vs. RMS (triangles). There were no significant differences between breath
159 number for SF₆ (Ino and RMS) or N₂ (ExD and RMS). RMS breath results were manually
160 calculated from the average end tidal gas concentration of gas at each breath and compared to
161 breath number from each device.

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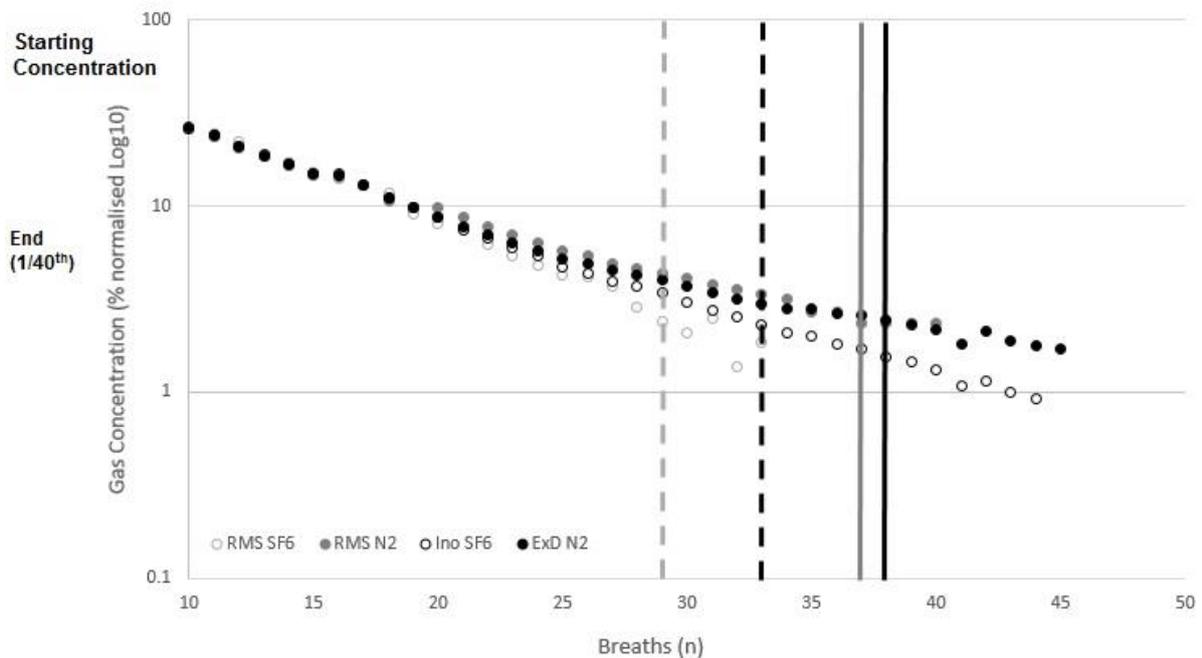
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170 OLS Figure 4 shows the washout decay of both N₂ (RMS and ExD) and SF₆ (RMS and Innocor). N₂
171 for both devices still reaches the 1/40th end point after SF₆.



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173 **OLS Figure 4** – Graph of an individual healthy control patient’s gas concentration decline
174 throughout a simultaneous washout using all devices for sulphur hexafluoride (SF₆, open circles
175 (black=Innocor, grey= Respiratory Mass Spectrometer (RMS))) and Nitrogen (N₂, closed circles
176 (black=Exhalyzer, grey= RMS)) vs. breath number starting from 10 breaths. The gases are
177 displayed in a normalised log scale so that each gas concentration is shown on the same graph.
178 The vertical lines (dashed = SF₆ (black=Innocor, grey= RMS), full line = N₂ (black=Innocor, grey=
179 RMS)) represent the end tidal gas concentration at 1/40th of the starting concentration. In all
180 subjects, SF₆ reached the end target first.

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189 **OLS Discussion**

190 The inherent differences between N₂ and SF₆ washouts are further defined by the large limits of
191 agreement in the LCI_{2.5} and FEV₁ Zscore plots. This difference is less apparent in the LCI₅
192 showing that the discrepancy is exaggerated at the tail end of the washout and with those with
193 worse lung disease and therefore longer washouts.

194 Only head to head data during the same washin and washout is likely to definitively assess
195 differences in MBW (Vermuelen, F., et al. *Comparison of lung clearance index measured during*
196 *helium washin and washout in children with cystic fibrosis*. *Pediatr Pulmonol*, 2013. **48**(10): p.
197 962-9). Therefore using the RMS to complete a simultaneous washout is in part a valid test.
198 The simultaneous washout with both the Innocor and Exhalyzer D and the RMS attempted to
199 directly measure both gas washouts. The results showed similar washout breath numbers and
200 washout times i.e. N₂ reached the 1/40th end tidal concentration after SF₆, suggesting that,
201 having removed some software and equipment bias, this is real observation. However as
202 highlighted we had difficulties with signal quality of RMS testing due to the low SF₆
203 concentrations and the use of 100% O₂ and different characteristics of the hardware i.e. signal
204 to rise time or sampling frequency may also have contributed to the discrepancies; therefore
205 these results should be interpreted with caution.

206 In conclusion, N₂ and SF₆ washouts are inherently different, higher for N₂. A fundamental, non-
207 linear bias in N₂ (even seen in HC individuals) should be considered when interpreting results.
208 The variation between devices is in some cases larger than reported clinically relevant changes
209 so are not dismissible.