

Date:   _ . _ . _     t t m m j j j j						
Ple	ease select for each question (by m	narking with (x)) c	nly <b>on</b>	e possil	oility.	
1	Which measure have you taken o	due to the spread	of the	Corona	-Virus?	
		1 Does not apply	2	3	4	5 Fully applies
а	Increased handwashing	0	0	0	0	0
b	Regular hand disinfection	0	0	0	0	0
С	Wearing face mask in the public space	0	0	0	0	0
d	Purchase of clinical thermometer or oxygen saturation device	0	0	0	0	0
е	Accumulate food stocks	0	0	0	0	0
f	Forego travel	0	0	0	0	0
g	Social distancing in daily life	0	0	0	0	0
h	Avoid contacts with doctors	0	0	0	0	0
i	Avoid physiotherapy	0	0	0	0	0
j	Avoid breathing therapy	0	0	0	0	0
k	Avoid lung sports	0	0	0	0	0
	Further measures that you have t	taken? (please in	sert)			
I	Measure 1					
m	Measure 2					
n	Measure 3					

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Pseudonym (wird im Studienzentrum eingegeben)

Ple	Please select for each question (by marking with (x)) only one possibility.							
2	How did you inform yourself on protective measures agains Corona virus?							
		Does not apply 2 3 4		4	5 Fully applies			
а	Through public media (TV, newspapers, internet)	0	0	0	0	0		
Ь	At your general practitioner	0	0	0	0	0		
С	in the pneumological practice	0	0	0	0	0		
а	in the clinic	0	0	0	0	0		
3	How do you asses the access to pandemic?	medical treatmen	t during	the Co	orona vi	rus		
		1 Does not apply	2	3	4	5 Fully applies		
а	My GP was always available	0	0	0	0	0		
b	My treating pneumologist was always available	0	0	0	0	0		
С	I was concerned not to have access to medical treatment in an emergency	0	0	0	0	0		
d	I cancelled my scheduled medical visits for COPD due fear of infection	0	0	0	0	0		
е	My scheduled medical visits for COPD were cancelled by the practice	0	0	0	0	0		
f	I always had access to my inhalative treatment	0	0	0	0	0		
g	My inhalative therapy was changed	0	0	0	0	0		

 <b>11</b> Pseu	-   -   donym (wird im Studienzentrum eingegeben)					Seite 3 vor		
h	Pulmonary care has deteriorated during the COVID-19 pandemic							
Ple	Please select for each question (by marking with <b>(x)</b> ) only <b>one</b> possibility.							
4	Various university outpatient clinic consultation for reasons of infection your experience?							
		1 Does not apply	2	3	4	5 Does apply		
а	I liked using the telephone- / video-consultation	0	0	0	0	0		
b	A personal contact cannot by replaced by this setup	0	0	0	0	0		
С	I felt worse cared for	0	0	0	0 0			
d	I had difficulties to sufficiently describe my health state by telephone of video	0	0	0	0	0		
е	The physician was able to get a sufficient picture of my condition	0	0	0	0	0		
f	I did not use the telephone or video consultation	0 0 0 0				0		
Но	w do you assess the course of dise	ease of your COP	D durir	ng the p	andem	ic?		
5	My health state  O was stable O has worsened O had increaesed							
	Please select for each question (b	oy marking with (x	<b>x)</b> ) only	one po	ossibilit	y.		
		Does not apply 2 3 4 Fully						
6	I had shortness of breath							

 <b>11</b> Pseu	donym (wird im Studienzentrum eingegeben)					Seite 4 von
7	I had increased cough and sputum	0	0	0	0	0
8	I repeatedly had acute worsenings of my health state (exacerbations)	0	0	0	0	0

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Pseudonym (wird im Studienzentrum eingegeben)

Plea	ase select for each question (by ma	arking with (x)) o	nly <b>one</b>	possib	ility.			
Hov	How did the pandemic influence your physical activity?							
		1 Does not apply	2	3	4	5 Fully apply		
9	Due to the curfew, I am not as active	0	0	0	0	0		
10	The lack of physiotherapeutic treatment negatively impacts on my activity	0	0	0	0	0		
11	Due to fear of infection I go for a walk on fewer occasions	0	0	0	0	0		
12	My physical resilience	O Is uncha O has dec O has incr	reased					
Are	Are you are have you been infected with COVID-19?							
13	I am infected with COVID-19	0	yes	O no				
14	I was infected with COVID-19	0	yes	O no	_			
	If you have been infected with (	COVID-19		1		L	_	
	How was COVID-19 diagnosed?							
15	Did you diagnose it yourself base		0	yes	O no			
16	Was it a doctor diagnosis?			0	yes	O no		
17	Was a virus detection performed?				yes	O no		
18	A rapid test was performed		0	yes	O no			
19	A so called PCR was performed	0	yes	O no				
20	I do not know which test was performed				yes	O no		
	How was your course of disease?	?						
21	I had mild symptoms and was abl	e to cure at hom	e.	0	yes	O no		
22	I had to see a doctor but could sta	ay at home		0	yes	O no	_	
23	I had to be treated in the clinic (no	0	yes	O no				

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	If you have been infected with COVID-19								
	How was your course of disease								
24	I had to be treated in the intensive	ic	0	yes	O no				
25	I received cortisone in the form of t	ablets of infusion	S	0	yes	O no			
26	I temporarily received oxygen			0	yes	O no			
27	I had to be ventilated with a mask			0	yes	O no			
28	I had to be ventilated with a ventila	tor		0	yes	O no			
29	I receive a long-term oxygen thera	ру		0	yes	O no			
30	My demand of oxygen has increae	d		0	yes	O no			
31	Since the infection, I need a long-to	erm oxygen thera	ру	0	yes	O no			
32	I received a follow-up treatment		0	yes	O no				
Plea	Please select for each question (by marking with <b>(x)</b> ) only <b>one</b> possibility.								
33	33 If you have been infected with COVID-19, which symptoms did you have?								
		1 Does not apply	2	3	4	5 Fully applies			
а	Cough	0	0	0	0	0			
b	Fever	0	0	0	0	0			
С	Sputum	0	0	0	0	0			
d	Shortness of breath	0	0	0 0		0			
е	Fatigue	0	0	0	0	0			
f	Mucular pain	0	0	0	0	0			
g	Taste disorders	0	0	0	0	0			
h	Olfactory impairments	0	0	0	0	0			
i	Diarrhea	0	0	0	0	0			

. , ,	ou have been infected with COVID-1	io, willon dympto	ino dia	you nav		
33	If you have been infected with CO	/ID-19, which sy	mptoms	did you	u have?	1
		1 Does not apply	2	3	4	5 Fully applies
	Chest pain	0	0	0	0	0
k	Pressure on the chest	0	0	0	0	0
l	Disturbances of consciousness	0	0	0	0	0
34	Has your existing therapy been characteristics COVID-19 disease	anged due to		Оу	es	O no
Bit	te geben Sie als Freitext Ihre Med	ikamente (alle M	ledikan	nente. d	d.h. Tab	oletten und
35	Treatment before COVID-19 infect	ion	1			
a						
b						
С						
d						
е						
36	Treatment during COVID-19 infect	ion				
а						
b						
С						
37	Treatment after COVID-19 infectio	n				
а						
b						
С						

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	For each of the following statements, please indicate which best applies to you at this time.										
	Please select for each question (by marking with (x)) only one possibility										
38	How is your COPD? Take the COPD Assessment Test™ (CAT)										
а	I never cough	0	1	2	3	4	(5)	I cough all the time			
b	I have no phlegm (mucus) on my chest at all	0	1	2	3	4	(5)	My chest is full of phlegm (mucus)			
С	My chest does not feel tight at all	0	1	2	3	4	(5)	My chest feels very tight			
d	When I walk up a hill or a flight of stairs I am not out of breath	0	1	2	3	4	(5)	When I walk up a hill or a flight of stairs I am completely out of breath			
е	I am not limited to doing any activities at home	0	1	2	3	4	(5)	I am completely limited to doing all activities at home			
f	I am confident leaving my home despite my lung condition	0	1	2	3	4	(5)	I am not confident leaving my home at all because of my lung condition			
g	I sleep soundly	0	1	2	3	4	(5)	I do not sleep soundly because of my lung condition			
h	I have lots of energy	0	1	2	3	4	(5)	I have no energy at all			

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39	Please select for each line (by marking with (x)) only one possibility  Over the last 2 weeks, how often have you been bothered by any of the following problems?					
		Not at all	Several days	More than half days	Nearly every day	
а	Little interest or pleasure in doing things	0	0	0	0	
b	Feeling down, depressed, or hopeless	0	0	0	0	
С	Trouble falling or staying asleep, or sleeping too much	0	0	0	0	
d	Feeling tired or having little energy	0	0	0	0	
е	Poor appetite or overeating	0	0	0	0	
f	Feeling bad about yourself – or that you are a failure or have let yourself or your family down	0	0	0	0	
g	Trouble concentrating on things, such as reading the newspaper or watching television	0	0	0	0	
h	Moving or speaking so slowly that other people could have noticed?  Or the opposite – being so fidgety or restless that you have been moving around a lot more than usual	0	0	0	0	
i	Thoughts that you would be better off dead or of hurting yourself in some way	0	0	0	0	

Pseudonym (wird im Studienzentrum eingegeben)						
Plea	Please tick (x) only one answer for this question.					
40	How badly do you suffer from shortness of breath (MRC scale)?					
	O I only get breathless with strenous exercise					
	O I get short of breath when hurrying on the level or walking up a slight hill					
	O I walk slower than people of the same age on the level because of breathlessness or have to stop for breath when walking at my own pace on the level					
	O I stop for breath after walking about 100 yards or after a few minutes on the level					
	Lam too breathless to leave the house or Lam breathless when dressing					

Thank you for your cooperation!